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Summer CSA Share: Week 5

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## Summer CSA Share: Week 5



We're in the thick of the season, noted by the impending 90 degree heat predicted for later this week, the sweet taste of tomatoes, green beans, summer squash, and the beautiful sight of sunflowers blooming. The heat of the summer is demanding on the farm, requiring us to harvest the fast growing heat-loving crops every other day or every 3 days. With no students on the farm anymore we have a lot more time to dedicate to focused farm work, but we also lack the work-force and the enthusiastic

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Next week, we'll temporarily lose one more employee as he goes to Arizona to do volunteer work with the Hopi and Navajo tribes. Wes is one of our hardest workers on the farm and one of our brightest personalities - he will be missed and appreciated a lot while he's gone doing what he's called to do.

We're working hard out here to provide you with the best food we possibly can! I want to thank all of our members who have given us real, honest feedback about their experience in this CSA. Almost everyone working on this farm is a student and is here to learn about some aspect of farming. Right now I'm trying to learn what our customers, the people of Bozeman, desire and expect when they pay to get a weekly vegetable share. Please let us know if you have any thoughts on your mind about our CSA program, our farm, or the food we provide!



## Do I Need to Bring Anything?



Towne's Harvest Garden is trying to use the least amount of plastic as possible - therefore, we ask that you please bring your own large reusable grocery bags and small produce bags every week. We will have extra produce bags on hand, but we'd

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love it if we could reduce the amount we provide to zero. Other than that, just bring  
is any questions you might have and a smiling face!

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## What's in the CSA this week?

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Cucumbers (several F1 hybrids)

Moss Curly Parsley

Genovese Basil

Bright Lights Swiss Chard

Winterbor (F1) and Redbor (F1) Kale

Ailsa Craig Onions\*

Calypso Cilantro

Provider Green Beans\*

Zucchini & Summer Squash (assorted OP and F1 hybrids)

Sungold (F1) or Indigo Cherry Drop (F1) Cherry Tomatoes\*

**OR**

Purple Cherokee Slicing Tomato\*

\* = new variety or crop this week

Fresh u-pick herbs available upon request:

Lemon balm, Marjoram, Bergamot, Chamomile, and More!

## Favorite Veggie Report: Tomatoes

by Sherry Ni

My favorite vegetable is the tomato. Tomato is in the Solanaceae family and its Latin name is *Solanum lycopersicum*. It is a kind of warm season plant. When we transplant the baby tomato plants during the middle of May, we transplant them in the high tunnel. This is a really good choice because after that we got a frost, and thanks

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bottom stem. The stem that was covered will be part of the root system.

Actually tomatoes have many kind of varieties. We have Estiva (F1, 70 days to maturity), Purple Cherokee (Open Pollinated, 72 days), Indigo Cherry Drops (Open Pollinated, 71 days), and Sun Gold (F1, 51 days) in our tunnels. When we are transplanting we need to put a label of the name and date on each kind of plant.



As for insect pests, the flea beetles are a concern. So before we do the transplanting we need to make sure that there are no baby flea beetles in the high tunnel. Mentioned in the “Johnny’s selected seeds” catalog, we can also use row covers to protect young seedlings from flea beetles.

Every summer my dad would like to cook with tomatoes and all of the dishes are delicious. And two of my favorite dishes are tomato salad and fried tomatoes with eggs. They are easy to make and yummy. So in my mind, tomato is another name for summer and home.

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coming soon to a CSA near you...

## Towne's Harvest Garden Campus Farm Stand



Looking for more produce? Do you want ALL of the cucumbers?

Come visit us at our Campus Farm Stand every Thursday from 3pm - 6pm in front of the giant spinning noodle structure at the intersection of Grant and 7th st. We pride

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We often bring wonderful produce to farm stand that we don't have enough of to give to our CSA members. So if you want extra produce, or want to scope out the extra goodies that we're growing, come by and visit us at the farm stand!



Looking for beautiful flowers? Towne's Harvest Garden grows a variety of different blooms that will have your home looking and smelling great! Contact us by email or in person at CSA distribution for bouquet options or custom orders. We would love to make you a beautiful center piece for your home or design several bouquets for your upcoming special event!



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Contact Dylan Fishman at  
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