



## Now Available!

*The Montana Food Guide: A Companion Resource for Seekers of Locally, Sustainably, & Educationally Grown Foods.* This is the essential resource for helping Montanans find local food, plan and prepare meals using local foods, and eat a nutritious balanced diet year round. Recipes included! The Montana Food Guide was developed by food and nutrition students and faculty at Montana State University.

---

## ORDER FORM

*The Montana Food Guide:  
A Companion Resource for Seekers of Locally, Sustainably, & Educationally Grown Foods*

Number of Copies: \_\_\_\_\_ (\$25 each— includes shipping)      Total Enclosed: \_\_\_\_\_

Please print clearly:

Name: \_\_\_\_\_

Street Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone: \_\_\_\_\_ E-Mail: \_\_\_\_\_

**Please make checks payable to: MSU Friends of Local Foods**  
**Send this order form with your check to:**  
**MSU Friends of Local Foods, Montana State University, SUB Mailbox 71, Bozeman MT 59717**

*Thanks for eating locally!!*