



Now Available!

The Montana Food Guide: A Companion Resource for Seekers of Locally, Sustainably, & Educationally Grown Foods. This is the essential resource for helping Montanans find local food, plan and prepare meals using local foods, and eat a nutritious balanced diet year round. Recipes included! The Montana Food Guide was developed by food and nutrition students and faculty at Montana State University.

ORDER FORM

*The Montana Food Guide:
A Companion Resource for Seekers of Locally, Sustainably, & Educationally Grown Foods*

Number of Copies: _____ (\$25 each— includes shipping) Total Enclosed: _____

Please print clearly:

Name: _____

Street Address: _____

City: _____ State: _____ Zip: _____

Phone: _____ E-Mail: _____

Please make checks payable to: MSU Friends of Local Foods
Send this order form with your check to:
MSU Friends of Local Foods, Montana State University,
Health and Human Development, 121 PE Complex, Bozeman MT 59717

Thanks for eating locally!!